

## Gender-sensitive career and life planning

We support you in gender-oriented career and life planning, design further training for multipliers in this area and are Bremerhaven's information centre for Girls' Day.

### Competent Department

- [Bremische Zentralstelle für die Verwirklichung der Gleichberechtigung der Frau \(ZGF\)](#)
- [Bremische Zentralstelle für die Verwirklichung der Gleichberechtigung der Frau \(ZGF\) / Büro Bremerhaven](#)

### Contact Person

- [Keim, Cordula](#)

#### Frau Cordula Keim

Mädchenarbeit, Berufsorientierung, digitale Medien

+49 471 596 13823

E-mail

### Basic information

Career guidance for girls and young women

The young generation of women in Germany has a particularly good school education. Nevertheless, girls still disproportionately often choose "typically female" occupational fields or study subjects in the context of their choice of training and studies. As a result, they do not fully exploit their career opportunities; however, companies are increasingly lacking qualified young people, particularly in technical and technology-related fields.

Girls' Day in the State of Bremen

On Girls' Day - Girls' Future Day, schoolgirls have an insight into occupational fields that girls rarely consider in the process of vocational orientation.

### Requirements

Schoolgirls from grades 5-12 are allowed to participate in Girls'Day.

# Procedure

## Legal bases

- [§ 9 Abs. 3 Kinder- und Jugendhilfegesetz \(KJHG\)](#)
- [Artikel 3 Grundgesetz](#)