

## aids to health

If you have insufficient or no health insurance and you cannot reasonably be expected to pay for independent health care, you may qualify for "health aids."

### Competent Department

- [Amt für Soziale Dienste Sozialzentrum 2 - Gröpelingen / Walle](#)
- [Amt für Soziale Dienste Sozialzentrum 3 - Mitte/östliche Vorstadt/Findorff](#)
- [Amt für Soziale Dienste Sozialzentrum 4 - Süd](#)
- [Amt für Soziale Dienste Sozialzentrum 5 - Vahr/ Schwachhausen/ Horn-Lehe](#)
- [Amt für Soziale Dienste Sozialzentrum 6 - Hemelingen/ Osterholz](#)
- [Amt für Soziale Dienste Sozialzentrum 1 - Nord](#)
- [Amt für Soziale Dienste](#)

### Basic information

Health assistance includes various individual services, including

- preventive health assistance,
- Help with illness,
- Help for family planning,
- assistance with pregnancy and maternity and
- Help with sterilization.

The above-mentioned assistance is provided to the extent of the benefits of the statutory health insurance.

### Requirements

- There is no statutory or sufficient private health insurance.
- It is not reasonable to raise the funds for the necessary assistance from income and assets.

## Procedure

### Legal bases

- [Sozialgesetzbuch Zwölftes Buch - SGB XII](#)

## More information

The required documents are discussed and submitted individually in each case. For example

- an insurance history from the pension provider and the health insurance fund,
- proof of the extent of private health insurance,
- valid personal documents,
- a certificate of residence,
- proof of income,
- a rental contract,
- a letter of change of tenancy,
- proof of assets (for example, life insurance, building society insurance, Riester pension contracts, death insurance, etc.),
- information on savings accounts,
- real estate,
- real estate,
- valuables,
- motor vehicles and
- bank statements

are required.