

## Request participation in social group work

Some children and young people have difficulties in their personal development. It is difficult for them to approach other children, to get involved in groups or to cope with their problems independently.

### Competent Department

- [Amt für Soziale Dienste Sozialzentrum 1 - Nord](#)
- [Amt für Soziale Dienste Sozialzentrum 2 - Gröpelingen / Walle](#)
- [Amt für Soziale Dienste Sozialzentrum 3 - Mitte/östliche Vorstadt/Findorff](#)
- [Amt für Soziale Dienste Sozialzentrum 4 - Süd](#)
- [Amt für Soziale Dienste Sozialzentrum 5 - Vahr/ Schwachhausen/ Horn-Lehe](#)
- [Amt für Soziale Dienste Sozialzentrum 6 - Hemelingen/ Osterholz](#)

### Basic information

Participation in social group work is designed to help older children and adolescents overcome developmental difficulties and behavioral problems.

Social group work can be useful for children and adolescents if they:

- repeatedly get into violent confrontations.
- have little self-confidence and behave in a conspicuous manner.
- are unable to assert themselves.

In social group work, older children and adolescents meet regularly under the guidance of trained pedagogical staff.

Social group work encourages social learning. In doing so, it conveys positive experiences, experiences and insights and thus promotes respect for others and one's own self-confidence. In this way, the young person is encouraged to become a self-reliant and socially responsible personality.

Goals and contents depend on the topic of the social group work. Contents can be:

- Development of group dynamics.
- Recognizing the triggers of one's own anger and aggression.
- Perceiving and expressing one's own feelings.
- Perceiving and recognizing one's own and others' boundaries.
- Solving conflicts peacefully.

This is a service type of the help for upbringing. It can also apply to young adults.

## Requirements

- You are a parent or guardian for a child (the person with custody).
- You cannot ensure that the child is well.
- Help through participation in social group work is appropriate and necessary.

## What documents do I need?

- identity card/passport

If a German identity card/passport is to be authenticated, a written proof of what this authentication is required for must be brought along.

- Proof of custody

For example: birth certificate, information from the custody register or decision of the family court on custody.

## Procedure

- Contact the responsible youth welfare office.
- In a personal conversation, possible help will be pointed out to you. This can be, for example, participation in a social group work for your child.
- If this help comes into question, then submit an application for help with upbringing.
- All parties involved (you, your child, the pedagogical specialist and the youth welfare office) meet for a help plan discussion. In the help plan, it is determined how the help is to be structured and which goals are to be achieved.
- The youth welfare office organizes a place in a group.

## Legal bases

- [§ 29 Sozialgesetzbuch Achtes Buch \(SGB VIII\)](#)

## How long does it take to process

Processing time varies depending on individual circumstances.

## What are the costs?

free of charge