

## Apply for social pedagogical family assistance

You as a family or as a single parent need support to cope with your everyday family life? Then socio-pedagogical family assistance is an option for you. The socio-pedagogical family help is a form of help for upbringing from the youth welfare office.

### Competent Department

- [Amt für Soziale Dienste | Sozialzentrum 1 | Sozialdienst Junge Menschen | Blumenthal](#)
- [Amt für Soziale Dienste | Sozialzentrum 1 | Sozialdienst Junge Menschen | Burglesum](#)
- [Amt für Soziale Dienste | Sozialzentrum 1 | Sozialdienst Junge Menschen | Vegesack](#)
- [Amt für Soziale Dienste | Sozialzentrum 2 | Sozialdienst Junge Menschen | Gröpelingen \(Lindenhof\)](#)
- [Amt für Soziale Dienste | Sozialzentrum 2 | Sozialdienst Junge Menschen | Gröpelingen \(Ohlenhof, Oslebshausen\)](#)
- [Amt für Soziale Dienste | Sozialzentrum 2 | Sozialdienst Junge Menschen | Walle](#)
- [Amt für Soziale Dienste | Sozialzentrum 3 | Sozialdienst Junge Menschen | Findorff](#)
- [Amt für Soziale Dienste | Sozialzentrum 3 | Sozialdienst Junge Menschen | Mitte, Östliche Vorstadt](#)
- [Amt für Soziale Dienste | Sozialzentrum 4 | Sozialdienst Junge Menschen | Huchting](#)
- [Amt für Soziale Dienste | Sozialzentrum 4 | Sozialdienst Junge Menschen | Neustadt](#)
- [Amt für Soziale Dienste | Sozialzentrum 4 | Sozialdienst Junge Menschen | Obervieland](#)
- [Amt für Soziale Dienste | Sozialzentrum 4 | Sozialdienst Junge Menschen | Woltmershausen](#)
- [Amt für Soziale Dienste | Sozialzentrum 5 | Sozialdienst Junge Menschen | Schwachhausen, Horn-Lehe, Oberneuland, Borgfeld](#)
- [Amt für Soziale Dienste | Sozialzentrum 5 | Sozialdienst Junge Menschen | Vahr](#)
- [Amt für Soziale Dienste | Sozialzentrum 6 | Sozialdienst Junge Menschen | Hemelingen](#)
- [Amt für Soziale Dienste | Sozialzentrum 6 | Sozialdienst Junge Menschen | Osterholz](#)

### Basic information

Social pedagogical family assistance takes place directly in the family and in their home. The family receives support in everyday issues and in the form of therapeutic processing of problem situations. For this purpose, a socio-educational specialist visits the family regularly for several hours per week. The assistance is based on the concrete everyday life of the family.

The socio-pedagogical family help is especially supportive for single parents who are heavily burdened by coping with everyday family life.

Individual goals are worked out with the family, based on the respective resources and

abilities of the family members. Goals can be:

- Restoring and strengthening parenting skills
- Revealing the strengths and abilities of the individual family members
- Support in coping with everyday life
- Strengthening self-esteem
- Strengthening the ability to deal with conflict
- Improvement of relationships with each other

## Requirements

Social pedagogical family assistance must help the affected children.

Social pedagogical family assistance can support you with these problems:

- You have problems with the organization of everyday life.
- You need support in dealing with authorities, schools, doctors.
- You have difficulties in caring for and raising your children.

An important prerequisite for the success of the service is your willingness to accept help and to work on changes.

## Procedure

Contact the responsible office with your problems. They will decide whether it makes sense to provide help with upbringing and what kind of help is possible.

The responsible office will help you with the application and also advise you about other help options.

If the help for upbringing is approved, all parties involved draw up a help plan together.

This plan will determine how the help for upbringing is to be structured in your case. It is important that all family members benefit from it.

## Legal bases

- [§ 31 Sozialgesetzbuch Achtes Buch \(SGB VIII\)](#)

## How long does it take to process

Socio-pedagogical family assistance is primarily intended to be help for self-help. It is intended to solve a family's problems in the long term and is therefore usually designed for a longer period of time. The exact duration in each individual case is determined by the youth welfare office together with all parties involved and set out in the assistance plan.

## What are the costs?

The costs of socio-pedagogical family assistance are borne by the youth welfare office.