

## Meeting centres for senior\* women

You are a senior citizen and would like to make new contacts?

Then come and visit one of Bremen's meeting centers!

### Competent Department

- [Die Senatorin für Arbeit, Soziales, Jugend und Integration | Referat Soziale Stadtentwicklung](#)

### Contact Person

- [Flentge, Corinna](#)

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### Basic information

The meeting centers supported by the city of Bremen offer many opportunities for social and cultural exchange.

Regular activities such as yoga, gymnastics, board games, dancing and discussion groups are aimed at seniors over 50. Cultural performances, day trips and information events are also offered.

The focus is on social interaction and joint activities, as well as entertainment, information and fun. Active participation is also possible.

Visit one of the Bremen meeting places.

### Procedure

There are the following meeting places in Bremen:

Blumenthal

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Meeting place Blumenthal  
Wigmodistrasse 33  
28779 Bremen  
04 21 / 60 96 902

Meeting place Rönnebeck  
Bgm.-Dehnkamp-Strasse 24  
28777 Bremen  
04 21 / 60 00 20

Meeting place Farge  
Farger Strasse 136  
28777 Bremen  
04 21 / 68 23 85

Burglesum

Meeting place "Luise Morgenthal" Grambke  
Grönlandstrasse 8  
28719 Bremen  
04 21 / 64 17 16

Findorff

Meeting place "in the tower"  
Neukirchstrasse 86  
28215 Bremen  
04 21 / 379 69 22  
<https://www.martin-luther-findorff.de/begegnungsstaette-im-turm>

Gröpelingen

Meeting place in the community center Oslebshausen  
Am Nonnenberg 40  
28239 Bremen  
04 21 / 64 51 22  
<https://www.bghosl.de/>

Meeting place in the neighborhood house Helene Kaisen  
Beim Ohlenhof 10  
28239 Bremen  
04 21 / 69 145 80

## Hemelingen

Hemelingen meeting place

Christernstrasse 6

28309 Bremen

04 21 / 45 11 16

Meeting place "Die Brücke"

Sebaldsbrücker Heerstrasse 52

28309 Bremen

04 21 / 45 16 05

Begegnungsstätte Arbergen

Hermann-Osterloh-Strasse 117

28307 Bremen

04 21 / 48 80 97

## Horn-Lehe

Meeting place Horn-Lehe

Im Hollergrund 61

28357 Bremen

04 21 / 69 64 29 81

Begegnungsstätte im Johanniterhaus

Seiffertstrasse 95

28359 Bremen

04 21 / 20 40 565

<https://www.johanniter.de/index.php?id=30226>

## Huchting

Begegnungsstätte Huchting

An der Schüttenriehe 8

28259 Bremen

04 21 / 58 33 75

## Center

Meeting place of the life evening movement

Hoppenbank 2-3

28203 Bremen

04 21 / 32 60 49

<https://www.lab-bremen.de/ueber-uns/begegnungsstaette>

#### Neustadt

Buntentor meeting place

Buntentorsteinweg 114

28201 Bremen

04 21 / 55 15 00

<https://www.johanniter.de/einrichtungen/begegnungsstaetten/begegnungszentrum-buntentor-in-bremen/>

#### Obervieland

Habenhausen meeting place

Ohserstrasse 2

28279 Bremen

04 21 / 83 31 20

Begegnungsstätte Kattenturm

Willi-Hundt-Strasse 2

28277 Bremen

04 21 / 82 05 40

#### Eastern suburb

Meeting place in the Weserterrassen community center

Osterdeich 70 b

28205 Bremen

<https://www.weserterrassen.com/aeltere/>

#### Schwachhausen

Meeting place Sparer Dank

Biermannstrasse 15

28213 Bremen

04 21 / 21 22 17

Wachmannstrasse meeting place

Wachmannstrasse 9A

28209 Bremen

04 21 / 34 03 155

<https://www.drk-bremen.de/angebote/senioren/begegnungszentren/begegnungszentrum-schwachhausen/>

#### Osterholz

Meeting place Sudwalder Strasse

Sudwalder Strasse 51

28307 Bremen

04 21 / 40 39 56

Meeting place Am Siek

Am Siek 43

28325 Bremen

04 21 / 42 07 50

#### Vahr

Begegnungsstätte Olymp

Eislebener Strasse 31

28329 Bremen

04 21 / 46 91 68

Begegnungsstätte Vahrer See

Berliner Freiheit 9c

28327 Bremen

04 21 / 46 803 - 30 or - 32

#### Veogesack

Begegnungsstätte St. Magnus

Unter den Linden 24

28759 Bremen

04 21 / 62 16 01

<https://www.kirche-bremen.de/index2.php>

#### Walle

Begegnungszentrum plus Haferkamp

Haferkamp 8

28217 Bremen

04 21/ 24 05 - 199/ - 197

<https://www.drk-bremen.de/angebote/senioren/begegnungszentren/begegnungszentrum-haferkamp/>

Woltmershausen

Woltmershausen Meeting Center

Woltmershauser Strasse 310

28197 Bremen

04 21 / 54 62 70

### **More information**

You can find further advice and information on the website <https://soziales.bremen.de/detail.php?gsid=bremen69.c.42977.de>

### **What are the costs?**

For the most part, these offerings are free of charge.

A small expense allowance may apply for certain courses.