

Outreach work for the elderly

Are you a senior citizen and need assistance at home?

You live alone and your relatives can not or only partially support you?

You are interested in a visiting service because you would like to have more social contacts?

Competent Department

- [Die Senatorin für Arbeit, Soziales, Jugend und Integration | Referat Soziale Stadtentwicklung](#)

Contact Person

- [Flentge, Corinna](#)

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Basic information

We promote outreach work for the elderly in the urban areas of Bremen-Mitte, Gröpelingen, Hemelingen, Marßel, Neustadt, Obervieland, Osterholz and in Vahr.

The aim of preventive home visits is to activate the participation of older people in social life. At the same time, they should be able to live in their own homes for as long as they wish. The isolation of elderly people is to be counteracted and self-help as well as mutual and neighborly help among each other is to be strengthened.

The home visits are carried out by voluntary visiting services. The full-time employees of the outreach work for the elderly make an initial contact visit and, if desired, organize a

regular visiting or accompanying service. In addition, other support services and offers can be arranged.

Requirements

You are a senior citizen, living at home and would like support and/or a visiting service, for example.

Procedure

The target group mentioned and/or possibly representatives turn by telephone or by E-Mail to the, for the district responsible place:

Eastern suburb, Gete, Steintor, Ostertor, Peterswerder, Fesenfeld, Schwachhausen:
meeting center plus "quarter friends":

Hoppenbank 2-3

28203 Bremen

Maren Wilkens

telephone: (0421) 43 48 39 46

E-Mail: m.wilkens@viertelfreunde.de

28239 Gröpelingen:

C/o Nachbarschaftshaus Helene Kaisen:

Beim Ohlenhof 10

28239 Bremen

Liane Köhler

Phone: (0421) 691 45 85

aufsuchende-altenarbeit-groepelingen@web.de

28309 Hemelingen:

Family Center MOBILE Multigenerational House

Hinter den Ellern 1a

28309 Bremen

Phone: (0421) 361 - 166 06

Mobile: 0177-8527270

E-mail: gaby.doensselmann@afsd.bremen.de

28719 Marßel:

c/o Nachbarschaftshaus Marßel e.V.

Helsingborgerstraße 36

28719 Bremen

Christina Mehrtens

Phone: (0421) 63 60 698
Mobile: 0176 / 34 64 21 41
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28201 Neustadt:
Caritasverband Bremen e.V.
Caritas Stadtteilzentrum St. Michael
Kornstraße 371, 28201 Bremen
Miriam Kautz
Phone: (0421) 87 79 352
E-mail: aufsuchende.altenarbeit@caritas-bremen.de

28277 Obervieland:
Robert-Koch-Strasse 70
28277 Bremen
Yvonne Finke
Phone: (0421) 16 10 20 91
Nelli Ernst
Phone: (0421) 16 15 45 95
E-mail: ov.aufsuchende-altenarbeit@kirche-bremen.de

28325 Osterholz-Tenever:
Unemployment Center Tenever
Wormser Straße 9
28325 Bremen
Antje Wagner-Ehlers
Phone: 01520-8963013
E-mail: aufsuchende-altenarbeit.tenever@kirche-bremen.de

28239 Vahr:
c/o Vahrer Löwen
Heideplatz 1
28239 Bremen
Inka Kusen, Larissa Gering
Phone: (0421) 95 91 348
E-mail: info@vahrer-loewen.de

Legal bases

- [§ 71 SGB XII Offene Altenhilfe](#)

What are the costs?

Free of charge offer